THE HABITA

TOP 5 TEMPLATE



TODAY'S DATE:	
What's my big goal (the big dream I'm working to create)?	
What two actions can I take today that will move me closer to my big goal? 1	
2	
What is the most pressing thing I need to accomplish today so other things will accomplish tomorrow?	be easier to
3	
4	
What critical thing do I need to accomplish today to help me be my best, happi	est self?
5	
IDEAS/NOTES REMINDE	RS

_

Success Tip: Fill this out the night before! You'll wake up energized, motivated, and clear!